



GUIDE TO WATCH BAND SIZING

Use this guide to help measure watch band and length sizes for your watch.

NOTE: Sizes may vary depending on screen resolution. For accurate sizing please print this page at 100% scale.

WATCH BAND WIDTH CHART

Measure your band width by fitting one of the millimeter bars between the lugs of your watch.

32mm	27mm	22mm	17mm	12mm
31mm	26mm	21mm	16mm	11mm
30mm	25mm	20mm	15mm	10mm
29mm	24mm	19mm	14mm	9mm
28mm	23mm	18mm	13mm	8mm

WATCH STRAP LENGTH CHART

Band size is the combined length of the two straps. Standard lengths for women are 165mm-180mm; men are 184mm-197mm. To determine the length of your watch band follow these 4 steps.



Cut out the length chart below along the dotted lines.



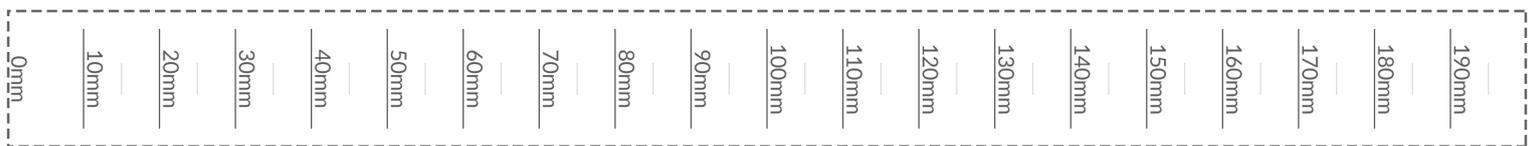
Measure your wrist.



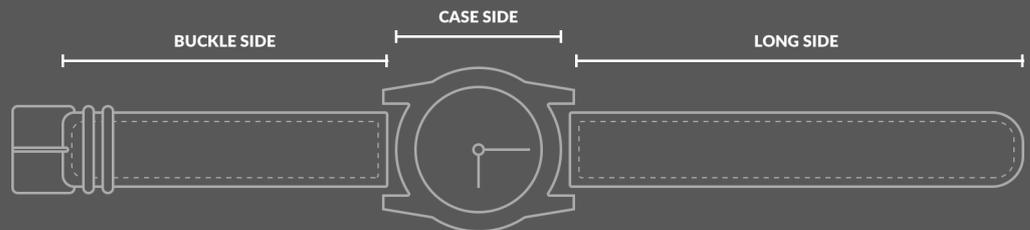
Measure the case size of the watch.



Subtract your wrist length from step 2 by the case size in step 3 - this will determine your band size.



LUG ENDS



PRINTER CHECK

Measure this box to check accuracy.

